KEEP WITH YOUR IMPORTANT TRAVEL DOCUMENTS

Security, Health &	INTERNATIONAL		24 HOURS A DAY: CALL OUR HEALTH & SECURITY EXPERTS FOR INFORMATION, ADVICE OR EMERGENCY ASSISTANCE.				
Wellbeing Assistance			Bali	+62 21 766 4633	Manila	+63 2 8687 0909	
Tronbering / toolotanot			Bangkok	+66 2 205 7777	Mexico	+52 55 4166 2808	
			Beijing	+86 10 6462 9100	Mumbai	+91 22 42838383	
			Dubai	+971 4 601 8777	Paris	+33 155 633 155	
SUBSCRIPTION ID	11BMMS000147		Frankfurt	+49 6102 3588 100	Philadelphia	+1 215 942 8226	
			Geneva	+41 22 785 6464	Phoenix	+1 602 594 2700	
ORGANISATION	AECOM		Ho Chi Minh City	+84 28 3829 8520	Prague	+420 222 111 155	
			Hong Kong (SAR)	+852 2528 9900	Seoul	+82 2 3140 1700	
			Jakarta	+62 21 750 6001	Shanghai	+86 21 6295 0099	
			Johannesburg	+27 11 541 1300	Singapore	+65 6338 7800	
			Kuala Lumpur	+60 3 2787 3126	Sydney	+61 2 9372 2468	
			London	+44 20 8762 8008	Taipei	+886 2 2523 2220	
INTERNATIONALSOS.COM	WORLDWIDE REACH. HUMAN TOUCH.		Madrid	+34 91 572 4363	Tokyo	+81 3 3560 7183	

NOW THAT YOU HAVE YOUR SUBSCRIPTION CARD, KEEP IT SAFE AND WITH YOU AT ALL TIMES.

WELCOME, HELPING & PROTECTING YOU IS OUR PRIORITY

Your subscription with International SOS gives you access to **24/7 worldwide security, health, wellbeing, travel and emergency assistance** in your daily life as well as in emergency situations. You can access our services digitally through our app or portal or by calling through to our Assistance Centres.



DOWNLOAD YOUR ASSISTANCE APP

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DOWNLOAD the free Assistance App from **app.internationalsos.com**

BE INFORMED



The Assistance App is critical to your safety, especially in times of emergency. The app enables you to activate Auto Emergency Check-In so if you are in an impacted area during an emergency, International SOS will be able to quickly provide help.



The app not only delivers real time emergency alerts to yourself, it also features preventative personalised pre departure advice and the ability to find a doctor for routine health care whilst abroad or request mental health support.

Also getting help when needed or contacting an Assistance Centre is made so much easier with the click to call button, connecting you to the closest Assistance Centre anytime of the day from anywhere in the world.

WHEN SHOULD I CALL AN INTERNATIONAL SOS ASSISTANCE CENTRE?

IN DAILY LIFE

You have free access to speak with a medical, security or wellbeing professional 24/7, they can provide information and advice at home or while away from home. How can they help?

- Speak to our health and security experts for information and advice on health and security matters
- Call before you change location for free advice on how to stay safe and healthy while away from home
- Advice on loss of travel documents
- Arrange a Teleconsultation, as appropriate
- Find a local nurse, internationally trained doctor, mental health professional, or security specialist wherever you are
- Find medication or medical equipment
- · Assistance paying your medical fees.

IN AN EMERGENCY

You have access to immediate health and security assistance wherever you are, we help with:

- Arranging medical transportation, hospitalisation and care
- Monitoring your condition and provide advice along the way
- Evacuating you when necessary
- Contacting your family and colleagues as appropriate, so they know you are in good hands.

Access your company's subscriber portal at internationalsos.com/members