

GuidanceResources®

# Invite Family Members to Koa Care 360

To help your loved ones access the support they need to stay well, Koa Care 360 can be shared with family members ages 16 and over.

## To do so, use the app:

- Open the settings menu and click on “Invite a family member.”
- Choose the relationship (spouse or child) and fill in the email address of the family member you’d like to add.
- One they accept, they can download the app, register and begin using these powerful tools to manage stress, sleep better and improve their overall well-being.



Google Play



App Store

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