

# CARROT

## Gender-affirming care **with Carrot**

Carrot Fertility provides inclusive fertility, hormonal health, and family-forming support. Employees can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

For those pursuing gender-affirming care (GAC), expert providers and guidance can be difficult to find, and barriers to receiving care — such as “proving” gender identity — are common. Carrot is here to help.

Visit [get-carrot.com/learn-more](https://get-carrot.com/learn-more) to claim your benefit and start exploring the gender-affirming resources available.

Claim your benefit

### Use the Carrot benefit to:

- Find Carrot-approved gender-affirming hormone therapy (GAHT) providers and multidisciplinary trans health centers
- Talk with Carrot medical experts like GAC and emotional well-being specialists, as often as needed, at no cost to you — 99% of members rate these conversations 4.9 out of 5 stars
- Simplify your care with Carrot Rx, Carrot’s online pharmacy that offers competitive pricing and delivers medications, including GAHT, right to your door

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### What’s next?

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