



# WE SPECIALIZE IN MEDICAL CERTAINTY

Through AECOM, you have an exclusive membership to 2nd.MD, a virtual expert medical consultation and navigation service. We connect you with a board-certified, elite specialist for a virtual expert medical consultation via phone or video from the comfort of home.

2nd.MD specializes in medical certainty by providing access to elite specialists for questions about:

- Disease, cancer or chronic condition
- Surgery or procedure
- Medications and treatment plans

*If you are a good candidate for an expert medical consultation, 2nd.MD's caring and compassionate Health Advocates may reach out via phone, email, or text.*

## WHO IS ELIGIBLE?

2nd.MD is confidential, fast and no cost to employees and eligible dependents enrolled in an AECOM medical plan. All 2nd.MD services are secure and 100% confidential.

## GET STARTED TODAY

Call at **1.866.877.0712**

Visit [www.2nd.MD/aecom](http://www.2nd.MD/aecom) or download our 2nd.MD app



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**98%**  
of users would  
recommend 2nd.MD  
to family or friends\*

**85%**  
of consults result in  
improved treatment  
plans\*

**35%**  
of consults lead  
to an alternate  
diagnosis\*

## HOW IT WORKS: 3 Simple Steps

### 1. ACTIVATE YOUR ACCOUNT AND REQUEST A CONSULT

Visit [www.2nd.MD/aecom](http://www.2nd.MD/aecom),  
download our app or call us at **1.866.877.0712**

### 2. SPEAK WITH A NURSE

Just explain your medical issues and an experienced nurse will handle the rest, including collecting medical records and connecting you with a leading specialist who is an expert in your condition.

### 3. CONSULT WITH A LEADING SPECIALIST

Get information about your diagnosis, treatment plan and next steps in care from a nationally recognized specialist. Consult via video or phone at a time that works best for you, including evenings and weekends!

## AFTER YOUR CONSULTATION

You'll receive a written summary of your consultation so you're prepared for a conversation with your treating doctor or we can refer you to another in-network doctor in your area.